

# 2022 BCC Men's Retreat Packing List

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- Bible
- Bedding (Sleeping Bag/Blankets)
- Pillow
- Personal Hygiene Items
- Bath Towel/Washcloth
- Toothbrush/toothpaste
- Hair brush/comb
- Sunscreen
- Lip Balm
- Bug Spray
- Shower necessities (shampoo, conditioner, soap)
- Warm Clothing (layers) for 2 days plus one extra set
- Pajamas
- Sweatshirt or Jacket
- Hat, Sunglasses
- Dirty clothes bag
- Flashlight
- Walking/hiking shoes
- Medications
- Snacks
- Reusable Water bottle
- Sleep aids (earplugs, eye mask, CPAP)
- Hat, sunglasses
- Small daypack or backpack
- Phone, phone charger
- Spending money (quaint town nearby to checkout during free time, if desired)